

REQUEST

1. How many police officers have taken leave (of any length) due to anxiety, depression, PTSD, stress, or any other identified mental health condition. I would like these statistics broken down by month, between the period March 1st 2020 and today's date. If data has not been collected up to and including today's date, please provide me with data between the period March 1st 2020, and the latest date available.

Please note the numbers show the number of Officers within each month. If an Officer was off sick for a period of 1st March 2020 to 30th April 2020, then the Officer would be counted in both March and April's individual monthly totals.

Month	Number of Police Officers Off Sick where the reason was Psychological Absence
Mar-20	230
Apr-20	164
May-20	149
Jun-20	167
Jul-20	174
Aug-20	179
Sep-20	175
Oct-20	167
Nov-20	193
Dec-20	182
Jan-21	176
Feb-21	171
Mar-21	172
Apr-21	187
May-21	194
Jun-21	240
Jul-21	251
Aug-21	248
Sep-21	274
Oct-21	302
Nov-21	297
Dec-21	304
Jan-22	291
Feb-22	241
Mar-22	242
Apr-22	207
May-22	219
Jun-22	224
Jul-22	245
Aug-22	245
Sep-22	272
Oct-22	260
Nov-22	269
Dec-22	276

Jan-23	251
Feb-23	263
Mar-23	253

2.A description of internal procedures the police force has in place in order to help and support police officers suffering from mental health conditions-

We have many different pathways to ensure the correct referrals are made when a colleague is suffering from high/low levels of MH. Referrals can be made through to OH for clinical intervention (counselling etc) and to our own EAP Vivup for 8 free sessions of counselling. The Police Benevolent fund also provide counselling, Police Care UK also provide counselling and trauma support. For trauma exposure, we have the TRiM process. We have Mental Health First Aiders, Peer Supports, colleagues trained in suicide prevention, Welfare Liaison Officers and TRiM practitioners.

3.A description of any changes to internal procedures that the police force has made in order to help and support police officers suffering from mental health conditions since March 1st, 2020.

We have implemented the suicide postvention kit, the stress risk assessment, the role risk assessment, embedded the psychological screening process within Occupational Health, launched a new well-being portal, launched the Back Up Buddy App, increased the number of wellbeing dogs.