

Request Reference: 5647/19

For each of the Financial Years; 2016/17, 2017/18 and 2018/19:

1. The number of individual police officers within your force to have had one or more days sick leave as a result of mental health issues (including a breakdown of depression, anxiety, PTSD, stress...etc.).

See Following Tables

2. The total number of days police officers have been absent because of sick days due to mental health issues (including a breakdown of depression, anxiety, PTSD, stress...etc.).

See Following Tables

| Data Item | 2016/17 | 2017/18 | 2018/19 |
|--|---------|---------|---------|
| Individuals with Stress Related Sickness | 489 | 550 | 561 |
| Police Strength @ 1st April | 6,910 | 6,704 | 6,709 |
| % Strength with Stress Related Absences | 7.10% | 8.20% | 8.40% |
| Calendar Days Lost | 42,021 | 47,564 | 42,428 |
| Working Days Lost* | 25,903 | 29,320 | 26,154 |
| Average Calendar Days per Absence | 73 | 68 | 58 |

* - Working Days estimate based on calendar days factored against average annual working days (less RDs / Leave etc.)

| Absence Reason | 2016/17 | 2017/18 | 2018/19 |
|------------------------|---------|---------|---------|
| Other Stress | 18,123 | 21,587 | 19,249 |
| Anxiety | 15,493 | 17,395 | 16,555 |
| Depression | 6,347 | 6,544 | 4,703 |
| Post-Traumatic Stress | 1,499 | 1,389 | 1,410 |
| Other Mental Disorders | 559 | 649 | 511 |
| Grand Total | 42,021 | 47,564 | 42,428 |