

Request Reference: 5647/19

**For each of the Financial Years; 2016/17, 2017/18 and 2018/19:****1. The number of individual police officers within your force to have had one or more days sick leave as a result of mental health issues (including a breakdown of depression, anxiety, PTSD, stress...etc.).**

See Tables 1, 2 and 3 below

**2. The total number of days police officers have been absent because of sick days due to mental health issues (including a breakdown of depression, anxiety, PTSD, stress...etc.)**

See Tables 1, 2 and 3 below

Table 1

2016/17		
Type	Headcount	Days
Anxiety	226	15,259
Depression	79	6,266
Malaise or Fatigue	38	747
Other mental disorders	8	551
Other Stress	236	17,879
Post-Traumatic Stress	9	1,490
Grand Total	596	42,192

Table 2

2017/18		
Type	Headcount	Days
Anxiety	238	16,922
Depression	79	6,502
Malaise or Fatigue	47	1,268
Other mental disorders	11	485
Other Stress	344	22,590
Post-Traumatic Stress	16	1,738
Grand Total	735	49,505

Table 3

2018/19		
Type	Headcount	Days
Anxiety	433	21,507
Depression	162	9,968
Malaise or Fatigue	75	1,618
Other mental disorders	15	767
Other Stress	539	28,907
Post-Traumatic Stress	27	1,627
Grand Total	1,251	64,394